

Dated: January 13, 2022

NOTICE

This is for information of all concerned that the Ministry of Ayush is organizing a large-scale Surya Namaskar Programme,on the occasion of Makar Sakranti, involving around 75 lakh people as a part of 'Azadi Ka Amrit Mahotsav' celebration. These 75-lakh people will be encouraged to practice Surya Namaskar on 14.01.2022,observing Covid appropriate behaviors/online mode while staying at their homes.

The Ministry of Ayush is coordinating with all the Ministries of Central Government, State Governments, various leading Yoga institutions, educational institutions, NCC, NSS, NYKS, sports organizations, etc., for making this a successful meet.

To participate in the event, registration can be done on the Yoga portals of the Ministry of Ayush/Yoga Certification Board/75suryanamaskar (.https://yogacertificationboard.nic.in/suryanamaskar/)

Sd/-

(Prof. Debabrata Mazumder) Dean (Students Welfare), IIEST, Shibpur

Copy to:

- 1. All Heads of the Department / School/ Centers with a request to circulate among the students.
- 2. All Deans and Associate Deans
- 3. Registrar with a request to circulate among the staff members.
- 4. All Officers
- 5. President and Vice-Present of the Students' Senate
- 6. GS and AGS of the Students' Senate
- 7. PS to the Director
- 8. Institute website

Bragemeter

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